

# ***Preparation for Teachers Course***

## ***with Guru Rattana***

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Dear students,

You will need to bring to the course information related to (1) your 10 Body numerology, and (2) your energetic blueprint as defined by your birth chart. How to get that information is explained below.

### ***[1] The 10 Bodies Numerology - Your Individual Path***

Numerology and the 10 Body System help us understand the nature of our personal journey. To experience wholeness, everyone must activate and elevate his or her personal expression of all 10 bodies. In addition to the general applicability of all the numbers, each person has his or her own numerology. Five numbers (calculated from our birth date) help us identify specifically what our soul is here to work on this lifetime. We must develop our personal relationship with, awaken, and strengthen the numbers' designated "bodies" to experience our Soul, work out our karma, hone our gifts, live our destiny, and follow our path.<sup>1</sup>

#### **Identifying Your Personal Numbers**

The calculations for each of your five personal numbers are as follows:

Soul Number	=	Day of your birth
Karma Number	=	Month of your birth
Gift Number	=	Last two digits of year of your birth added together
Destiny Number	=	Four digits of year of your birth added together
Path Number	=	Digits of day + month + year of your birth added together

For each of the above, every double-digit number above 11 is reduced to a number 10 or less by adding the digits together. For example, for someone who has a birthday of November 25, 1975 (11/25/1975), the personal numbers are as follows:

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<sup>1</sup> Excerpted with changes from *The Inner Art of Love*.



Soul number of 7 (2+5)

Karma number of 11

Gift number of 3 (7+5 = 12, and then 1+2 = 3)

Destiny number of 4 (1+9+7+5 = 22, and then 2+2 = 4)

Path number of 4 (2+5+11+1+9+7+5 = 40, and then 4+0 = 4).

The explanations above of the *unaware* and *aware* expressions of each of the 10 (11) bodies are relevant to all five of your personal numbers. Below is a brief summary of the five major numbers.

### **Soul Number = Day of Birth**

Our soul number is how we connect with our basic nature and the wisdom and essence of our soul. When we view the world from our soul perspective, we access our innermost knowing, life makes sense, and it is easier to operate in the physical world. When our soul number forms the foundation of our worldview, we experience inner coherency, wholeness within ourselves, and oneness with the Infinite, and are able to evolve through purposeful co-creation. On the other hand, when we relate to ourselves and the outer world from another perspective, and outer demands dominate our attention, we feel confused and conflicted about how to direct our life journey.

### **Karma Number = Month of Birth**

The body corresponding to our karma number is always in our face. It is our Achilles heel. We must continually work on strengthening it to be able to face life's challenges from the truth of our soul. Our karma number plays a prominent role in the faceting of our diamond.

Our karma number indicates the nature of the challenges we face in life and where we must be totally honest with ourselves. This is where and how we experience the most unbalance when we do not act from and express our Truth, as defined by our soul number. Integrity, responsibility, and accountability are key concepts that we must follow if we want our life to be harmonious and purposeful. We can experience some rude awakenings and create pain and struggle when we fail to abide by the guidelines set by our karma number.

### **Gift Number = Last Two Digits of Year of Birth**

Our gift number is an innate talent that must be developed in order to use it fully and to take advantage of the opportunities that it can attract. When we honor and use this gift, it will assist us on our spiritual journey. If we do not claim this gift, it will simply remain inactive and unavailable — this is like not opening our own treasure chest. We usually find it easier to develop this talent, and once we do so, we may reflect, "Why didn't I think of that before?" Our gift awakens hidden powers and can be used as our personal "rescue remedy." This gift is readily available any time we call on it. Using our gift can take the edge off of any difficult situation and reorient our awareness from limited ego to our soul self.

### **Destiny or Mastery Number = Four Digits of Year of Birth**

Our destiny or mastery number represents the skills that our Soul has mastered in previous lifetimes. The challenge of our destiny number is to recognize who we are and why we are here. Others can easily see “what is written on our forehead,” but we often have a hard time recognizing this because we relate to ourselves from a limited perspective rather than from our soul essence and mission. To be successfully in the flow of life, we must see and follow the destiny of our soul as represented by our destiny/mastery number.

### **Path Number = Digits of Day + Month + Year of Birth**

Our path number is the totality of all our numbers in action and our path to fulfillment. All our numbers contribute to and make it possible to be on our path. As we develop our other aspects, we identify more and more with our soul path. We feel a deep sense of satisfaction as our purposeful life unfolds. We can experience frustration and be diverted from our path if we ignore or fail to develop the qualities represented by our other numbers. We must keep in mind that all our numbers lead us to our destination, which is often not obvious in our younger years. Our path unfolds as we become aware of our creative and healing powers and other unique gifts and how we help others and ourselves.

## ***[2] Your Birth Chart and Energetic Inventory***

### **Get a Copy of Your Birth Chart**

To get a copy of your birth chart, you need to know the *date*, *time*, and *place* of your birth. There are free charts available online. If you do not know the exact time, be as accurate as you can. The ascendant and house positions are determined by the time and place of birth. For your energetic composition, the exact time is not as important.

You may wish to get a chart that includes not only the major planets, but also the five asteroids, which represent very personal aspects of your personality. It is not necessary to include the asteroids, but their inclusion will give you a better idea of the resources of your Soul.

There are endless ways to get information from your birth chart. To explore the energetic blueprint of your Soul, *the most important things are to identify*

1. The basic energies of your Sun sign, Moon, and Ascendant
2. The total energetic composition of your chart.

**For this information go to [www.0800-horoscope.com](http://www.0800-horoscope.com)** (1) enter your birth data for a free birth chart, (2) the information you need is in the box labeled **Planets and Houses** which is near the beginning and in the box labeled **Sign Types and Asteroids** which is on the very last page. I suggest not reading seriously the pages explaining your chart as the information can be categorical and deceptive.

### **To Identify Your Total Energetic Composition**

The simplest way to identify the basic energies expressed in your birth chart is to find a program on the Internet that gives you this information, i.e., the number of planets in each element and in each of the three modalities. (Cardinal = G, Mutable = O, Fixed = D).

**Add fire and air to get the total of planets in Stable/Mind/Masculine.**

**Add water and earth to get the total of planets in Flowing/Feeling/Feminine.**

Use the charts below to identify the following information.

Count the number of planets you have in

#### **Polarities**

M — Stable/Mind/Masculine (Air and Fire)

F — Flowing/Feeling/Emotional/Feminine (Water and Earth)

#### **Modalities**

G — Generate

O — Organize

D — Deliver

**Elements**

F — Fire

A — Air

E — Earth

W — Water

*And there you have it. That is the energetic blue print of your Soul! As you work with the eight universal energies, you will be able to better understand your gifts, challenges, and lessons. This is an illuminating way to get to 'Know thyself.'*

## ***Energetic Anatomy of Zodiac Archetypes***

<b>Polarities</b>	<b>STABLE</b>		<b>FLOWING</b>	
<b>Elements</b>	FIRE	AIR	WATER	EARTH
<b>Modalities</b>				
G—GENERATE	Aries	Libra	Cancer	Capricorn
O—ORGANIZE	Sagittarius	Gemini	Pisces	Virgo
D—DELIVER	Leo	Aquarius	Scorpio	Taurus

## ***My Energetic Inventory***

Planet	Sign	Polarity		Modality	Element
		M	F		
<b>Sun</b> (conscious will)					
<b>Moon</b> (unconscious will)					
<b>Ascendant</b> (lens to view world)					
<b>Mercury</b> (mind and activities)					
<b>Venus</b> (what we love)					
<b>Mars</b> (active energy)					
<b>Jupiter</b> (what expands us)					
<b>Saturn</b> (lessons and manifesting)					
<b>Chiron</b> (heal to be empowered)					
<b>Uranus</b> (freedom and individuality)					
<b>Neptune</b> (fantasies/Divine)					
<b>Pluto</b> (transformation)					
<b>North Node</b> (what we must learn)					

<b>PLANET TOTAL</b>					
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