

Summary 2019-2020

## **The Planets Announce New Beginnings in 2020**

**by Guru Rattana, Ph.D.**

### **2019 is a 3 year - The Positive Mind**

Jupiter is in Sagittarius for 12 months from December 12, 2018 through December 1, 2019. This is our invitation to open our hearts and to support our heart-directed visions.

2019 is a defining year to end old ways of being and doing -- to prepare for new beginnings in 2020. In 2019 we are supported in getting ready for 2020.

We seriously need to take advantage of Jupiter in Sagittarius to align with the higher frequencies of love and release past fear programs and conditioning. When things get heavy in 2020, we can thrive if we are solidly connected to and living in our hearts.

### **What's Happening in 2020?**

In 2020 (in just one year), three conjunctions of Pluto, Saturn, and Jupiter initiate new planetary cycles that will unfold over the next three decades. These transits are not merely events to anticipate, live through, and then be grateful that 2020 is over. They set the tone for an ongoing process that will play out in ways that we cannot totally predict. Much will depend on the level of consciousness of the human players and how we choose to use the energies available to us during this time.

**[1] January 12, 2020 - Saturn and Pluto meet in Capricorn to launch a new 33 year cycle.**

**[2] Jupiter and Pluto meet 3 times in Capricorn in April, June, and November 2020 launching a new 12 year cycle.**

**[3] December 21, 2020 - Jupiter and Saturn meet at the first degree of Aquarius launching a new 20 year cycle. This is a major marker in moving from the Piscean to the Aquarian Age.**

The rare alignment of Jupiter, Saturn, and Pluto in Capricorn occurs only once every 735 years, marking the ending of an era, and the birth of a new paradigm with respect to both individual and collective power and resources.

The intensity and impact of these rendezvous cannot be underestimated or taken lightly. They are not just events that pass, are over, and we forget about them. They will have lasting effects on the economy, social/political/economic structures, and our personal lives.

## **The Players, the Forces**

**Pluto** exposes the true nature of our problems and requires fundamental change. There is nothing superficial about Pluto. We can only be comforted by the fact that Pluto exposes what must be revealed for us to move forward and to live more conscious, productive, and authentic lives. The Pluto process is by its very nature uncomfortable at best, and extremely painful if we resist. The best strategy is to agree to wake up and face what has been tormenting us, maybe for our whole lives. The promise is freedom from inner torment. The price is painful honesty. In the beginning we cling to victimhood. In the middle, we succumb to the inevitable. In the end we gain inner strength and integrity.

**Saturn** is the reality check planet that forces us to play by the rules of physical reality. Saturn is a taskmaster, not a warm fuzzy teddy bear. There is nothing hidden in Saturn's agenda. Everything is on the table -- the facts, the resources available, all aspects of physical reality that must be taken into consideration, and the law of cause and effect that directs the show.

**Jupiter** gives us hope that something positive and beneficial will emerge from the necessary and harsh changes that Pluto and Saturn require. Jupiter creates openings and opportunities, but we have to grab them. And we have to monitor and choose very carefully what we expand. When Jupiter meets Pluto, it can expand and expose the dark side of what was once hidden.

## **Ways to Prepare for and Thrive in 2020**

- ◆ learn how to wisely use our positive mind
- ◆ elevate our frequency to the vibration of the heart
- ◆ expand our view of reality in our neutral mind
- ◆ open our mind and heart to the quantum space (miracle zone) and keep it open
- ◆ shift our attitude to gratitude - quit complaining and affirming what we don't want

## **Guru Rattana Blogs**

These themes are the subject of Guru Rattana Blogs.

[http://www.yogatech.com/Guru\\_Rattana\\_Blog/](http://www.yogatech.com/Guru_Rattana_Blog/)

To receive notifications of the blogs as they are posted, enter your email address on the home page. I post one or two a month usually at the new and full moons.

The blogs are also posted on <https://www.facebook.com/guru.rattana>

## **Guru Rattan's Forthcoming Book on the Astrology of 2020**

I am currently writing a book on the astrological events in 2020 and their implications, which will be available in e-book format by December 2019. copyright by Guru Rattana, Ph.D.