Please Share with Me about Yourself and Your Womanhood

I look forward to our special week together in Bosnia. I would like to get to know you beforehand so that we can make the most of our precious time. I invite you to share with me something about yourself. Below are a few topics that can guide your sharing. (This Word Document allows you to expand beyond the small space given.)

### Name, Date of Birth

### What do you consider your major challenge(s) as a woman.

### Personal, Relationships -- Marital status, kids or not, etc.

### Professional Path and Other Interests - Education, work

### Spiritual Path - Experience with Kundalini Yoga and other

### Health Issues and Emotional or Other Challenges

### Future Projections - What you look forward to/ how you wish to direct your life

### How much time are you willing/able to devote daily to yoga and meditation?

### What specifically do you wish to gain from our time together? And requests?

### Anything else you would like to share.